## **one earth** FILM FESTIVAL #ReelStoriesRealChange

## Take Action Toolkit: Food Justice, Sustainable Food Systems & Climate Change

April 17-23, 2024

## Ready to make #realchange?





Take Action Toolkit: Food Justice, Sustainable Food Systems & Climate Change #ReelStories RealChange

- Tell others what you learned at One Earth
  Film Fest: word of mouth, social media, in an op-ed or letter to the editor
- Watch/rewatch past One Earth Film Fest films (<u>here</u> and <u>here</u>) & discussions (<u>here</u>, <u>here</u>, and <u>here</u>)
- Change your mindset: Everything you do is related to the ecosystem!
- Spend more time in nature
- Join an eco- or climate justice group in your community
- Lend support & resources to BIPOC and low-income communities disproportionately impacted by our climate crisis
- Support Black and Indigenous farmers with your voice, time, and dollars
- Support local food policy initiatives
- Support local organic farmers, buy organic, join a coop, shop at farmer markets
- Make space for those whose access to farms, gardens, and green spaces have been cut off due to environmental racism

- Eat at least one plant-based meal per day
- Speak up around injustices; teach the next generation
- Reduce food waste; ensure that food scraps get composted
- Understand the <u>link between climate change and</u> <u>agriculture</u>
- Review the <u>resource kit from the Common Ground film</u> <u>team</u>
- Be a leader: build a network, create content, join a board, run for office
- Contact your legislators with a letter or group letter & VOTE for candidates with strong environmental platforms
- In IL, join the IEC April 30 Conservation Lobby Day
- Draw down carbon through <u>regenerative annual</u> <u>cropping</u> and <u>farming our way out of the climate crisis</u>
- Online resources: <u>Conservation International</u>, <u>EPA</u>, <u>Homan Grown</u>, <u>National Wildlife Federation</u>, <u>Union of</u> <u>Concerned Scientists</u>